

DESSERT

FRUIT PAVLOVA	52
VANILLA PANNA COTTA WITH BERRY COULIS	50
BELGIAN WAFFLE BANANA & SALTED CARAMEL SAUCE	47
TRIPLE CHOC BROWNIE	61
GELATO & COOKIES	52
STEAMED ORANGE PUDDING	50

CAKE & BAKE

ALL 53

CHEESECAKE
APPLE & BERRY
HONEY & DATE

CAKE OF THE DAY	45
CROISSANT / MUFFIN / SCONE	39

MILKSHAKES

STRAWBERRY, CHOCOLATE, VANILLA OR LIME	30
WHOLE BERRY OR PEANUT BUTTER	35
MILO, COFFEE & NUTELLA	39

MINERALS

COCA COLA, FANTA / 300ML BOTTLE	28
COKE LIGHT, SPRITE ZERO, COKE ZERO / 330ML CAN	32
ICE TEA LEMON OR PEACH	32
APPLETIZER, GRAPETISER RED OR WHITE / 330ML CAN	39
ROCK SHANDY, STEELWORKS	35

FRESH FRUIT JUICE

ORANGE, APPLE, CRANBERRY, STRAWBERRY, MANGO	32
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STILL WATER 500ML / 1000ML	23 / 35
SPARKLING WATER 500ML / 1000ML	23 / 35

HOT BEVERAGES DECAFFEINATED ADD R2

ESPRESSO	16
DOUBLE ESPRESSO	19
ESPRESSO & SMALL MILK	21
CAPPUCCINO SHORT / STANDARD	23 / 29
GRANDE CHINO DOUBLE SHOT	32
RED CAPPUCCINO	28
CAFE LATTE	32
CAFE AU LAIT (FLAT WHITE)	29
MACCHIATO	21
CAFE AMERICANO	22
CHOCOCINO	32

HOT CHOCOLATE	27
FILTER COFFEE / TEA (CEYLON & ROOIBOS)	17
SPECIALITY TEA'S	25
CHAI TEA	29

"ANYTHING IS GOOD IF ITS MADE OF CHOCOLATE"
JO BRAND

"THERE IS NO LOVE SINCERERER THAN THE LOVE OF FOOD"
GEORGE BERNARD SHAW

"I COOK WITH WINE, SOMETIMES I EVEN ADD IT TO THE FOOD"
W.C. FIELDS

"IF YOU'RE AFRAID OF BUTTER, USE CREAM"
JULIA CHILD

"ALL YOU SEE I OWE TO SPAGHETTI"
SOPHIA LOREN

"FOOD IS AN IMPORTANT PART OF A BALANCED DIET"
FRAN LEIBOWITZ

DID YOU KNOW

- WE HAVE KIDDIES MENUS FOR UNDER 12 YEAR OLDS
- GLUTEN FREE PIZZA BASES AND PASTA ARE AVAILABLE ON REQUEST
 - WE DO TAKE-AWAYS ON SELECTED ITEMS
 - WE HAVE FREE WI-FI AVAILABLE
- WE ARE OPEN MONDAY NIGHTS DURING THE SUMMER
- THE FIRST GREENS STORE WAS OPENED IN CONSTANTIA 2001
 - WE SQUEEZE FRESH ORANGE JUICE DAILY
 - FRESH RAW JUICE MADE TO ORDER
- LIVE MUSIC EVENINGS EVERY LAST TUESDAY OF THE MONTH



ALL THE WATER USED ON THE PREMISES FOR COOKING,
DRINKING & WASHING IS PROUDLY FILTERED BY H2O



FOR FRANCHISE ENQUIRIES PLEASE PHONE: TEL: (021) 531 6995

GREENS PLATTEKLOOF

SHOP 8A, PLATTEKLOOF VILLAGE CENTRE / PAROW

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A MEMBER OF GREENS BRAND
COMPANY GROUP

C A F F É | P I Z Z E R I A
G R E E N S
M E N U



BREAKFAST

BREAKFAST IS SERVED FROM 8 AM TILL 6 PM EVERYDAY

EGGS OF YOUR CHOICE SINGLE / DOUBLE	31/45
FREE RANGE EGGS SERVED POACHED, FRIED OR SCRAMBLED INCLUDES TOAST & PRESERVES	
MUSHROOM OR TOMATO OR SPINACH	ADD 19
BACON OR HAM OR SAVOURY MINCE	ADD 26
SALMON OR PROSCIUTTO OR STEAK	ADD 50

NEW CHIA SEED, COCONUT & FRESH FRUIT BOWL	49
SLICED FRUIT, YOGHURT & HONEY (ADD GRANOLA R15)	58
COOKED OATS, TOASTED ALMONDS & BANANA 🍷	42
CROISSANT / MUFFIN / SCONE	40
FLAPJACKS	
BANANA & HONEY 🍷	45
NEW CARAMELISED PEAR, PECAN & MASCARPONE 🍷	53
FRENCH TOAST (TRADITIONAL OR CROISSANT)	
BACON & BERRIES	60
MAPLE SYRUP & BANANA	49
FILLED BREAKFAST CROISSANT	
SCRAMBLED EGGS, BACON & GRILLED TOMATO	66

TRADITIONAL BREAKFAST INCLUDES TOAST & PRESERVES	
STANDARD BACON, SAUSAGE, EGGS, TOMATO	77
NEW SEASIDE HADDOCK, HASHBROWNS & POACHED EGGS	83
	+ /W HOLLANDAISE SAUCE ADD 16
DELUXE BACON, SAUSAGE, EGGS, TOMATO, CHIPS, BEANS, MUSHROOMS	97

ON TOAST	
CHICKEN LIVERS & BACON	63
WELSH RAREBIT	60
PAN FRIED MUSHROOMS 🍷	55

EGGS BENEDICT	
TWO EGGS ON AN ENGLISH MUFFIN WITH HOLLANDAISE SAUCE	
HAM OR BACON	84
AU SALMON	106
SPINACH AND MUSHROOM	71

FRITTATA (OPEN OMELETTES)	
CHEESE & BACON	64
SPINACH & FETA 🍷	60
NEW HADDOCK, CHEDDAR & SPRING ONION 🍷	69

DELUXE TOASTED SANDWICHES

(RYE, WHITE OR WHOLE WHEAT & SIDE CHIPS OR SALAD)

BACON, CHEESE & RED ONION	63
SALAMI, MOZZARELLA & OLIVE	53
CHICKEN & MAYONNAISE	60
CHEESE, TOMATO & ROCKET 🍷	48
NEW STEAK, FRIED ONION & SWISS CHEESE	76

SALADS

VILLAGE GREEK 🍷	69
CAJUN CHICKEN, AVO, RED ONION & ROCKET	90
SALMON TROUT, PRAWN & AVO	127
CAESAR BACON OR CHICKEN	86
BACON, BEETROOT, CHEVIN & PUMPKIN SEEDS	74
ASIAN DUCK SALAD	89
NEW AVO, ROCKET, BABY LEAVES, PARMESAN	80

TARTINES

(OPEN SANDWICH ON ARTISANAL SOURDOUGH SLICE)

CHICKEN CAESAR	74
GRILLED VEG, BOCCONCINI & PESTO 🍷	64
SALMON TROUT, SLAW & CUCUMBER	96
BACON, BRIE, WALNUT & FIG	81
TUNA, EGG, MAYO & OLIVE	70
PROSCIUTTO, CAPER BERRIES, AVO & PARMESAN	117
NEW PASTRAMI, SWISS CHEESE & SAUERKRAUT	79

LIGHT MEALS

SOUP	50
AVOCADO "RITZ"	77
BAKED QUICHE & GREENS	68
CLASSIC FISH CAKES	80
NEW CRISPY CHICKEN WRAP	76

ITALIAN PASTA

CHOICE OF LINGUINE OR PENNE

NEW SMOKED CHICKEN, CHERRY TOMATOES & MUSHROOM	100
TRADITIONAL BOLOGNAISE	82
ITALIAN SAUSAGE & TOMATO	89
PRAWN, CHICKEN & CHILLI (CREAM)	124
BACON, CHICKEN, PAPRIKA & CREAM	95

MAIN MEALS

NEW DUCK CONFIT	140
CHICKEN BREAST WITH LEMON & PARMESAN	122
NORWEGIAN SALMON ON WILTED GREENS	145
GRILLED KINGKLIP	157
GRILLED LAMB CHOPS & CHIPS	170
NEW BUTCHERS CHOICE STEAK OF THE DAY	SQ
KASSLER CHOPS & SWEET POTATO FRIES	135
FILLET STEAK, EGG & CHIPS (180g)	163
NEW CHICKEN, CHORIZO & SEAFOOD RISOTTO	120

NEW EXCITING DISHES AVAILABLE ON OUR MONTHLY FOOD PROMOTIONS.
SEE TABLETALKER FOR DETAILS.

WOOD FIRED PIZZA

PIZZA IS SERVED FROM 12 NOON TO CLOSE
ALL PIZZAS ARE AVAILABLE TO TAKE AWAY
OUR PIZZAS ARE HAND MADE THE TRADITIONAL ITALIAN WAY &
ARE BAKED IN A GENUINE WOOD BURNING PIZZA OVEN

GLUTEN-FREE BASES AVAILABLE SQ

PIZZA CLASSIC

BIANCO GARLIC & HERBS 🍷	42
MARGHERITA BASIC TOMATO & MOZZARELLA 🍷	72
FORMAGGI MOZZARELLA, CHEDDAR, BLUE & FETA 🍷	120
STAGIONI MUSHROOM, OLIVES, ARTICHOKE & SALAMI	115
MASSIMO SALAMI, OLIVES & CHILLI	100
STREGA BLACK MUSHROOM, GARLIC & ROSEMARY 🍷	90
PUTTANESCA OLIVES, ANCHOVIES & CAPERS	90
REGINA HAM & MUSHROOM	105
MEXICANO GROUND BEEF, REFRIED BEANS, CHILLI & AVO	115
SPINACHI SPINACH, MUSHROOMS, CHILLI & GARLIC 🍷	95

NEW PIZZA FRESCA	ADD 18
ANY PIZZA TOPPED WITH ROCKET, TATSOI, ROSA TOMATOES & RED ONION	

PIZZA GOURMET

SMOKED CHICKEN, BRIE & CRANBERRY	132
ITALIAN SAUSAGE, BOCCONCINI & OREGANO	120
PEAR, BLUE CHEESE & CARAMALIZED ONIONS & MUSHROOM 🍷	115
CHILLI PRAWN, CHOURIÇO & BABY TOMATO	138
NEW PORK BELLY, RED GRAPE & CHILI	121
STEAK, BLACK MUSHROOM, JALAPENO & FETA	144
MUSHROOM, ARTICHOKE, FETA & RED PEPPER 🍷	105
CAJUN CHICKEN, SWISS CHEESE & PINEAPPLE	132

PIZZAS TOPPED WITH FRESH GREENS

NEW AVO, PARMESAN & ROCKET 🍷	108
BRIE, FIG, HAM & BABY SPINACH	116
BACON, AVO, FETA & BASIL	123
THAI CHICKEN, CHILLI & CORIANDER	102
TALEGGIO, MUSHROOM & ROCKET	105
	+ /W ITALIAN PROSCIUTTO ADD 50
NEW SALMON, AVO, CRÈME FRAICHE & DILL	154

BURGERS

CHARGRILLED BEEF BURGER (200g)	89
GRILLED CHICKEN BURGER	77
+w/ AVO, HARISSA & SOUR CREAM	30
+w/ CHEDDAR & MUSHROOM SAUCE	30
+w/ BACON, EGG & CREAMY PEPPERCORN SAUCE	35
+w/ BRIE & CRANBERRY	30
NEW BLACK MUSHROOM & BLUE CHEESE SAUCE W/ ROCKET	30